

## **Seattle University Student Health Center**

### **INFORMATION ABOUT ADHD MEDICATION PRESCRIBING AT THE SU SHC**

The Student Health Center (SHC) provides medication management for students who have previously been diagnosed with ADHD and wish to transfer their care to the SHC.

#### **For students who have already been diagnosed with ADHD and want to get their medication through the SHC:**

You must obtain the following records and submit them to the SHC, ideally prior to scheduling your first appointment. Medication cannot be refilled until these documents have been received and it has been determined if the SHC can take over management. Any missing testing or evaluation cannot be performed by the Student Health Center. Required documents include:

- Documentation of ADHD diagnosis including copies of diagnostic and psychological testing. After the provider reviews this documentation, you will be notified if more supporting documentation or testing for the diagnosis will be required. AND
- Records of your prescription history (medications tried, current meds, etc.) AND
- Records of your current medication and dose.

Prior to your first visit, review the following forms which are available online or in person at the SHC. Please don't sign until you've had the opportunity to talk with the nurse practitioner and have your questions answered.

- ADHD Medication Agreement

#### **For students who have never been diagnosed with ADHD before:**

Seattle University does not provide ADHD testing in any department. If you would like to pursue testing, some possibilities for ADHD evaluation in the community may be available through your medical insurance provider search website. You may also contact the Student Health Center for a resource list. Please be aware there is often a wait list to be scheduled. In addition to below, many psychologists and psychiatrists evaluate individuals for ADHD; check with your insurance company.

The evaluation must include diagnostic and psychological testing with a final confirmatory diagnosis of ADHD. Once testing is complete and a diagnosis confirmed, you may consider discussing treatment options with the diagnosing provider. If ADHD medications are suggested and you would like to see an ARNP at the SHC for further discussion, you must submit records to the SHC, ideally prior to scheduling your appointment.

Prior to your first visit review the following forms which are available online or in person at the SHC. Please don't sign until you've had the opportunity to talk with the nurse practitioner and have your questions answered.

- ADHD Medication Agreement